

Formal Salat Guide for Fajr Prayer

GREEN REQUIRED BLUE RECOMMENDED

- 1) Determine the time for each prayer and the direction (towards Mecca) to pray in. See islamicfinder.com or use an app for your phone.
- 2) Do **Wudu** as described on page 34.
- 3) Make the “**Call to prayer**” (**Athen**). Page 37
- 4) Lay out your prayer rug facing in the direction of Mecca.
- 5) Allow time for others to wake, do their wudu, and show up for prayer (15-20 minutes)
- 6) Make the “**Second call to prayer**” (**Iqamah**) Page 37
- 7) Stand at the foot of your prayer rug facing in the direction of prayer..
- 8) State your **Intention** by **saying aloud**:

“A[°] AUDḥ BILLĀHI MINA-SḥAYṬĀNI-R-RAJĪM BISMILLĀHI-R-RAHMĀNI-R-RAJĪM NAWAYTU AN UṢALLIYA RAK[°] ATAYNI FARḐU ṢALĀTU-L-FAJRI”

(I seek refuge in Allah the Most Merciful Most Compassionate, from the accursed shaytan, I intend to pray the two obligatory rakas for fajr prayer) or a similarly worded intention.

- 9) Raise hands to side of head and **say aloud**:

“**ALLAHU AKBAR**” (God is Greater than...) this begins the prayer, stand with arms crossed right over left over navel for men, hands crossed right over left on upper chest for women.

- 10) You **may** now make an optional supplication to Allah **quietly** to yourself. Such as “All praise and blessings to You Allah, You are my Lord and Sustainer”

- 11) Recite the **Fatiha** **aloud** (unless making up the prayer after sunrise then say silently):

BISMI-LLĀHI-R-RAḤMĀNI-R-RAḤĪM *(In the Name God, Most Merciful Most Compassionate)*

AL-ḤAMDU-LI-LLĀHI RABBI-L-[°]ĀLAMIN *(All praise to God, Lord of all the worlds)*

[°]AR-RAḤMANI-R-RAḤĪM *(Most Merciful Most Compassionate)*

MĀLIKI YŌMI-D-DĪN *(Master of the Day of Judgment)*

[°]IYYĀKA NA[°]BUDU WA [°]IYYAKA NASTA[°]IN *(You alone do we worship & ask for help)*

[°]IHDINA-Ṣ-ṢIRĀTA-L-MUSTAQĪM *(Guide us on the right path)*

ṢIRĀṬA-L-LLADḥĪNA [°]AN[°]AMTA [°]ALAYHIM *(The path of those upon whom You favor)*

GAYRI-L-MAGḥḐŪBI [°]ALAYHIM *(Not those upon whom Your wrath is brought down)*

WA LA-Ḑ-ḐĀĀLLĪN. ĀMĪN. *(Nor of those who go astray. Amen)*

- 12) You **may** recite, **aloud**, any other sūrah (chapter) or āyah (verse) of the Qur’an that you know.

- 13) Raise your hands and say aloud:

“**ALLAHU AKBAR**” (God is Greater than...) then bow from the waist, hand on thighs.

- 14) While bowing you **may** say, **quietly**:

“**SUBḥĀNA RABBIYA-L-[°]ADḥĪM**” *(Glory to my Lord the tremendous) 3, 5, 7 or 11 Times*

- 15) Stand, while moving to stand you **may** say, **aloud**:

“**SAMI[°] A-LLĀHU LIMAN ḤAMIDAH**” *(Allah hears those who praise Him)*

- 16) Once standing you **may** say, **aloud**:

“**RABBANĀ LAKA-L-ḤAMD**” *(Our Lord to You all praise is due)*

- 17) Raise your hands and **say aloud**:

“ALLAHU AKBAR” (God is Greater then...) and then move to prostration, forehead on the floor, palms flat on floor next to ears.

18) While in prostration you **may say, quietly**:

“SUBḤĀNA RABBIYA-L-^oA^cLĀ” (Glory to my Lord Most High) 3, 5, 7 or 11 Times

19) While moving to sit back **say aloud**:

“ALLĀHU AKBAR” (God is Greater then...)

20) While sitting you **may say, quietly**:

“RABBI-GḥFIRLĪ WA IR-HAMNI” (My Lord forgive me and send me mercy)

21) While move back into prostration **say aloud**:

“ALLĀHU AKBAR” (God is Greater then...)

22) While back in prostration you **may say, quietly**:

“SUBḤĀNA RABBIYA-L-^oA^cLĀ” (Glory to my Lord Most High) 3, 5, 7 or 11 Times

23) You have finished the first rakat. Stand up while **saying aloud**:

“ALLĀHU AKBAR” (God is Greater then...)

24) Recite “the Fatiha” **out loud** as before in line 11.

25) Then you **may** recite any other different surah or ayat from the Qur’an that you know, **aloud**.

26) Raise your hands and **say aloud**:

“ALLĀHU AKBAR” (God is Greater then...) and bow at the waist, hands on thighs.

27) While bowing you **may say, quietly**:

“SUBḤĀNA RABBIYA-L-^cADḥĪM” 3, 5, 7 or 11 times as before.

28) Stand, while moving to stand you **may say, aloud**:

“SAMI^c A-LLĀHU LIMAN ḤAMIDAH” (Allah hears those who praise Him)

29) Once standing you **may say, aloud**:

“RABBANĀ LAKA-L-ḤAMD” (Our Lord to You all praise is due)

30) With hands out in front of you, palms up you **may say, aloud**: (only for fajr prayer)

“ALLĀHUMMA DINĀ FĪ MAN HADAYT(A). WA ^cĀFINĀ FĪ MAN ^cĀFAYT(A).
WA TAWALLANĀ FĪ MAN TAWALLAYT(A). WA BĀRIK LANĀ FĪ MĪĀ
A^cṬAYT(A). WA QINIĀ SHARRA MĀ QAḌAYT(A). FA INNAKA TAQḌĀ WA LĀ
YUQḌĀ ^cALAYK(A). WA INNAHU LA YAḌILLU MAN WĀLAYT(A). WA LĀ
YA^cIZZU MAN ^cĀDAYT(A). TABĀRAKTA RABBANĀ WA T^cĀLAYT.
ALLĀHUMMA ṢALLI ^cALĀ SAYYIDINĀ MUḤAMMADAN WA ^cALA ^oĀLIHĪ
WA ṢAḤBIHI WA ṢLALIM”

(O Allah guide us among those whom You guide, & pardon us among those whom You pardon, & care for us among those whom You care for, & grant us grace in what You have given us, & protect us from the evil of what You have ordained; for You decree & none decrees against You; and none is abased whom You befriend; & none is exalted whom You are at enmity with; O our Lord, who are above all things sacred & exalted, all praise is Yours for what You decree. I ask you forgiveness & turn to You in repentance. O Allah send blessings and peace upon our Master Muhammad & upon his family & companions send peace.)

31) Wipe hands down face and move in to prostration while **saying aloud**:

“ALLĀHU AKBAR” (God is Greater then...)

32) **Repeat steps 18-22.**

18) While in prostration you **may say quietly**:

“SUBḤĀNA RABBIYA-L-[◌]A[◌]LĀ” (Glory to my Lord Most High) 3, 5, 7 or 11 Times

19) While moving to sit back **say aloud**:

“ALLĀHU AKBAR” (God is Greater than...)

20) While sitting you **may say, quietly**:

“RABBI-GḥFIRLĪ WA IR-HAMNI” (My Lord forgive me and send me mercy)

21) While move back into prostration **say aloud**:

“ALLĀHU AKBAR” (God is Greater than...)

22) While back in prostration you **may say, quietly**:

“SUBḤĀNA RABBIYA-L-[◌]A[◌]LĀ” (Glory to my Lord Most High) 3, 5, 7 or 11 Times

33) While moving to sit back on your knees **say aloud**:

“ALLĀHU AKBAR” (God is Greater than...).

34) While sitting **say quietly**:

“AT-TAHIYYĀTU-L-MUBĀRAKĀTU ṢALAWĀTU ṬAYYIBĀTU LI LLĀH. AS-SALĀMU [◌]ALAYKA AYYUHA N-NABIYYU WA RAḤMATU LLĀHI WA BARAKĀTUH. AS-SALĀMUN [◌]ALĀYNA WA [◌]ALĀ [◌]IBĀDI LLĀHI Ṣ-ṢĀLIḤĪN. ASḥ-HADU AL LĀ ILĀHA ILLA LLĀH(U) WA ASḥ-HADU ANNA MUḤAMMADAN RASŪLU-LLĀH”.

(Greetings, blessing and the best of prayers to Allah. Peace be upon you O Prophet, & the mercy of Allah and His blessings. Peace be upon us, and upon Allah’s righteous slaves. I testify that there is no god except Allah and that Muhammad is the Messenger of Allah.)

35) Then **say quietly**:

“ALLĀHUMMA ṢALLI [◌]ALĀ SAYYIDINĀ MOḤAMMDḥDAN WA [◌]ALĀ ĀLI SAYYIDINĀ MUḤAMMADIN. KAMĀ ṢALLAYTA [◌]ALĀ SAYYIDINĪ IBRĀHĪM WA [◌]ALĀ ĀLI SAYYIDINĀ IBRĀHĪM(A). ALLĪHUMMA BĀRIK [◌]ALĀ SAYYIDINĀ MUḤAMMADIN. WA [◌]ALĀ ĀLI SAYYIDINĀ MUḤAMMADIN. KAMĀ BĀRAKTA [◌]ALĀ IBRĀHĪM WA [◌]ALĀ ĀLI SAYYIDINĀ IBRĀHĪM(A). FIL [◌]ĀLAMĪNA INNAKA ḤAMĪDUN MAJĪD.

(O Allah send prayers upon our Master Muhammad, & upon the family of our Master Muhammad, as you sent prayers upon our Master Abraham & upon the family of our Master Abraham. O Allah send blessings upon our Master Muhammad, & upon the family of our Master Muhammad, as you sent blessings upon our Master Abraham & upon the family of our Master Abraham, in all the worlds, for truly You are the Most Praiseworthy & Noble.)

36) Look to your right and **say aloud**: “AS-SALĀMU [◌]ALĀYKUM WA RAḤMATU LLĀH”

37) Look to your left and **say aloud**: “AS-SALĀMU [◌]ALĀYKUM WA RAḤMATU LLĀH”

This ends the fajr prayer, follow with the After Prayer Practices on pages 38-39

You may simplify the **Intention** to “I intend to pray two rakat’s of Fajr prayer for Allah’s face” in english. If you do this then you will need to say “A[◌]AUDḥ BILLĀHI MINA-SḥAYṬĀNI-R-RAJĪM” just before reciting the Fatiha as this phrase is obligatory at the beginning of all prayers.